

Updated: 21/06/2010 10:44:00 AM

CP	Time	No.	Volunteers	Duties	Supps
3A	7:30am-8:15am	1	Bill	Watch 50k across road	wes
3A	10:00am-1:30pm	3	Russell, Dave S	Watch 50/24 across road & direct 10k. Demark 3.5k to school	wes
3	7:45am-8:45am	1	Brad	Direct 50k thru gate	wes
3	10am-1pm	2	Sandy, Peter McK (10-11:30), Glen (11:30-1)	Direct 50/24k thru gate. Demark to 3a by car if possible else by foot	wes
4	8:15am-12:30pm	3/4	Parso, Robyn, Gundars	Watch runners across road, drop bags 50k. demark to 3 by car/foot	fcpwes
4A	8:15am-11:15am	2	The Griffs	Watch runners across road, demark to 4 (5k) on foot	wes
1A	8am-11am	3	Will, Haze, Mappo	Direct runners, demark to 3A on foot (3.5k)	wes