



Why Join Caboolture Road Runners?

If you have been coming along to CRR sessions on Thursday nights, the summer series or our handicap events but haven't yet joined the club yet there are some things you should know. First of all thanks for coming along and we hope you continue to join us and enjoy your running. The club however has some obligations in respect of its members, the first of which is to Queensland Athletics with which our club is associated.

Queensland Athletics provides a number of benefits to our club and therefore our members. The principal thing it gives us is our Public Liability insurance which we could not afford to buy otherwise. This provides protection for our negligent acts in organising club events and training sessions. Of course we don't rely on the insurance solely and have a detailed risk management plan that we follow for each club event.

But Queensland Athletics insists that every person who comes along to an event which we organise, like Thursday track sessions or the handicap, must be a member of Queensland Athletics. QA has a "try out" arrangement where you can come and try an event, for example our Thursday night session, on two occasions then you have to join up. To facilitate this we introduced a donation system of \$2 per event for non-members but only on the understanding that if you wanted to keep coming along you would have to join CRR, which in turn provides membership to QA. I know a few people are donating every week and this is much appreciated, especially as our lighting costs are set to increase substantially, but after two sessions you really need to join the club.

How does it work?

When you join CRR the club ensures that you become a member of QA. You pay a CRR membership fee and the QA membership as one payment and therefore join both organisations.

Who should join?

QA insists that everyone over the age of 6 must join up.

What period does membership cover?

Up to 2010 membership was from 1 April annually. We have had to vary this to fit in with changes QA has made. Current membership lapses on 31 March 2010. The next membership period is from 1 April 2010 to 1 October 2010 and then annually after that.

What does it cost?

QA fees for Club Athletes for the period 1 April to 1 October 2010 are \$20. CRR fees for that period are NIL. There are no club fees in the catch up period because the committee appreciates the hard work by members in fundraising at Glasshouse events over recent years. This has established our club with a healthy balance sheet so we can subsidise social events and have members children join for free.

How do you join?

Start at the CRR web site www.crr.org.au and click on the Links page. Scroll down to Queensland Athletics and click on the link which will take you to its website. Once there select Join A Club and Online Registrations in the drop down box. At the next screen select New Registration and nominate Caboolture Road Runners as the club you want to join select Next then choose Club Athlete option \$20. You'll have to input some information about yourself the first time you enter the site but it is then kept on file for the future. Finally you can make payment securely by credit card.

Welcome! We look forward to having you as a member of CRR and to many enjoyable years of running or walking. Make exercise an important part of your everyday life, try a few races along the way and strive to reach your potential. How far, how fast, how long can you go?